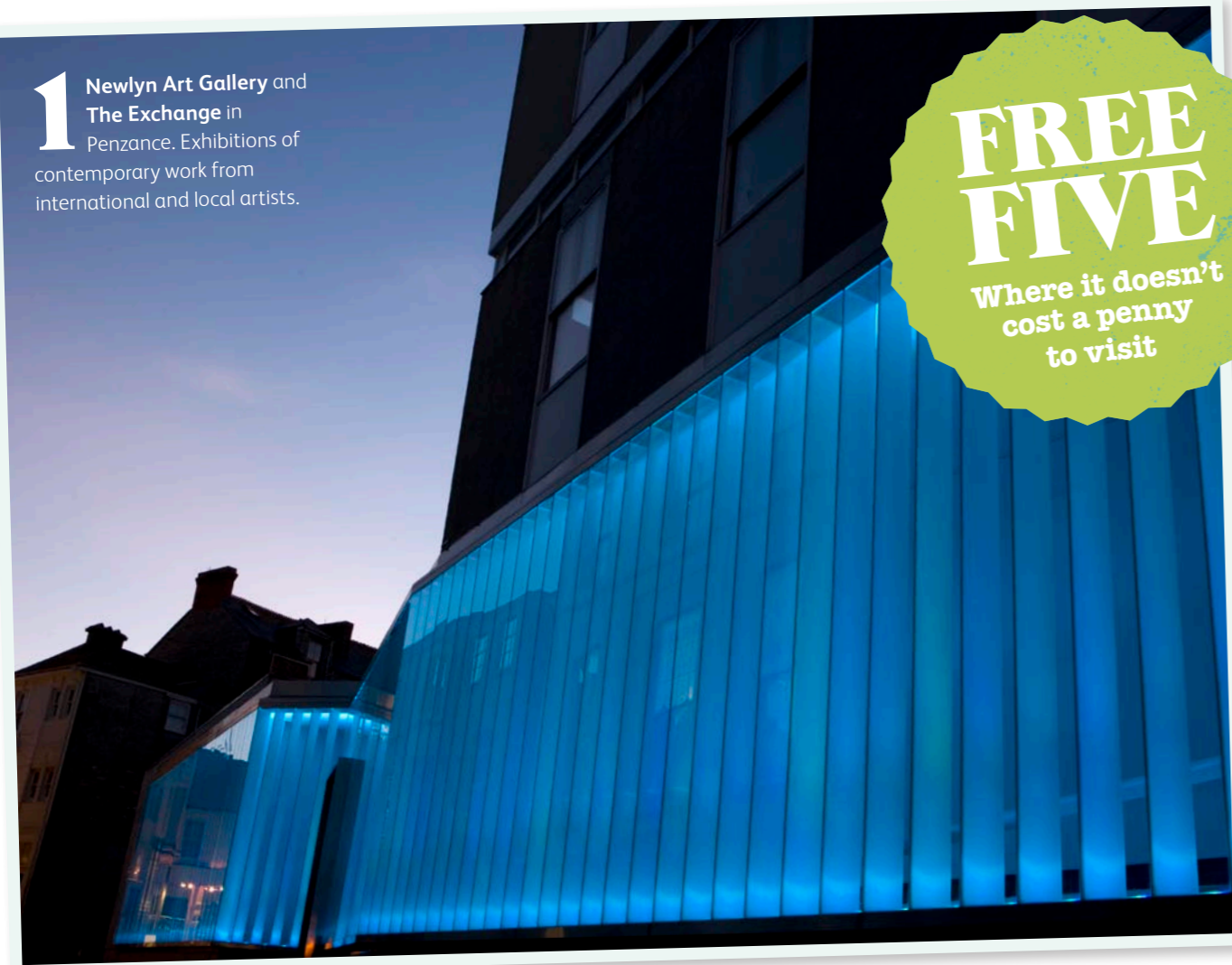


BUDGETING for beginners

Making your funds go a bit further in Cornwall is easy with brilliant accommodation deals and discounted days out. We asked journalist and budget traveller Rick Barbery to give Cornwall the once over and come up with his top money saving tips for 2011.

1 Newlyn Art Gallery and The Exchange in Penzance. Exhibitions of contemporary work from international and local artists.

FREE FIVE
Where it doesn't cost a penny to visit



2 The Royal Cornwall Museum in Truro. See Cornwall's past from prehistoric archaeology to the county's industrial triumphs.

3 Mount Edgcumbe Country Park at Cremyll. Explore over eight hundred acres of impressive parkland with walks along the coast amongst the rare trees and plants.

4 Healey's Cornish Cyder Farm near Truro. Sample traditional food and drink, smell the simmering fruits being prepared for jam and watch apples being pressed to make cider

5 Carn Euny near Penzance. One of best preserved Iron Age villages in the UK. Ancient round houses stand in a timeless rural landscape.

TRAVEL GREEN, TRAVEL CHEAPER

Check out the extensive transport networks and save money with a RideCornwall ticket (£24 per day for a family), which gives unlimited travel on trains and buses all over the county.

www.cornwall.gov.uk/default.aspx?page=4475

TURN UP LATE

At Bridge Bike Hire in Wadebridge, arrive after 3pm to cycle the famous Camel Trail and you'll get 20% off the their standard hire fee.



REAL FOOD PICNIC

Garden vegetables, homemade cakes and pasties, newly laid eggs and a great community buzz. Pop into the scores of weekly farmers' markets around the county and pick up really fresh, really cheap produce from the people who grow it.

www.foodfromcornwall.co.uk/farmers-markets



DON'T FORGET

You can redeem your TESCO clubcard points for entry to Flambards, Eden Project and National Maritime Museum.

Luxury for less

No need to limit yourself to just one visit to Cornwall per year, with so many hotel and B+B offers going on you can just pack the bag and come on down. Try a cosy weekend in winter, a few days on a garden tour in spring or what about a bracing dip in the autumn surf!

1 For just £99 in autumn The White Hart Hotel in St Austell does a two-day break with breakfast, gives a £25 voucher redeemable in their restaurant and throws in free admission to the Eden Project as well.

2 You can take the kids anytime to The Esplanade Hotel in Newquay where the youngest under eleven stays for free and the rest of the little darlings get a 75% discount.

3 Shake off the winter blues and stay at the award winning St Michael's Hotel in Falmouth with their special half price rooms offer. You'll get full use of spa facilities, indoor heated pool, sauna, Jacuzzi and health club.



4 Snuggle up at the Schooner Point B+B near the harbour in Looe right through the winter until Easter and stay for 3 nights for the price of 2, which will save you a tidy £50. Perfect for a romantic weekend away.

5 From £40 a day treat the family to a week's self-catering near the port of St Ives. The gorgeous Bassets Acre Apartments in the village of Portreath are located near the beach within easy reach of local pubs and shops and has a domed pool so you can relax and swim whatever the weather.

